DANCES OF UNIVERSAL PEACE RETREAT

Awakening the light of the heart

with Halima & Abraham





From 2 - 5 January 2027
in La Casa Toya (Aluenda, Zaragoza)

Awakening the Ligth of the Heart

The celebration of Three Kings Day, or Epiphany, tells us about that light that shines in the darkness and shows us the way toward manifesting the divine on earth.

In this retreat, we remember that our heart has the unlimited capacity to radiate the divine light from which it originates. By illuminating the layers that cover our radiance, we reveal who we truly are at our core. We recognize the divine within us, allowing the full brilliance of our soul to manifest so that we may share this light with all beings.

"There is a candle in your heart, ready to be kindled.

There is a void in your soul, ready to be filled.

You feel it, don't you?"

Rumi

Who will hold the energy of this retreat?



Halima y Abraham Sussman

Murshids Halima and Abraham Sussman are senior mentor teachers serving both the Sufi Ruhaniat International and the International Dances of Universal Peace. They are inspired musicians and experienced guides on the path of the awakened heart. They bring joy and clarity to their teaching which arises from a lifetime of integrating spiritual practice, psychological exploration, and a love of the natural world.

Halima seeded her love of the Sufi path in Murshid Sam's Sufi Dance class in California; Abraham is an original mureed of Murshid Sam.

They travel and teach internationally, returning home to Massachusetts, family, and their local Sufi community, SamaSangha (www.northeastsufis.org)

What will we share?

⁎ Dances of Universal Peace ⁎ Sufi practices ⁎
⁎ Meditation ⁎ Zikr ⁎
⁎ Support and deepenig for mentored leaders ⁎



The Dances of Universal Peace and Walking Concentrations are a spiritual practice in motion.
They combine the chanting of mantras and sacred phrases from various traditions of the earth, live music, together with simple, evocative movements, creating a living experience that facilitates our journey towards the awareness of Unity that we are in essence and of which we are a part of. They foster personal and collective connection through a group experience of love, compassion, and transcendence.

No previous experience in dance or music is required.
Everyone is welcome!

You can find more information about the DUP here.

***We will have English-Spanish simultaneous translation during the gathering**

Where?

At La Casa Toya, a retreat center in the province of Zaragoza, nestled in a charming rural setting, far from the noise of the city, designed to host activities focused on spiritual awareness, self-improvement, and well-being. Nourished for years by these loving energies, it welcomes us in 2-4 person rooms with private bathrooms.





It is located in Aluenda, a small village in the Sierra Vicor, in the municipality of Calatayud (Zaragoza). It is about 3 hours away from Madrid, the Basque Country, Barcelona, and Valencia. It is easily accessible: 2 km from the A-2 highway. The AVE train station is a 10-minute drive away (in Calatayud), and Zaragoza Airport is nearby.

We'll dance in a beautiful circular hall with large windows and wooden floor.





More info from La Casa Toya: https://www.lacasatoya.com/
Location: Lacasatoya · C. K, 26, 50322 Aluenda, Zaragoza, Spain

When?

Arrival: Friday, 2nd January 2027, from 5:00 p.m.
Departure: Monday, 5th January, after lunch (3 full days)

How much does it cost?

Full-board fees, including all activities and accommodation
(Ovo-lacto-vegetarian buffet)

-280 €: General Price
-320 €: Price with an extra contribution to financially support the Spanish DUP
-240 €: Reduced price for vulnerable households

-150 €: Price for children aged 3 to 12
(ask us for younger than 3 years old)

Payment will only be accepted in cash upon arrival at the retreat.
We do not have electronic payment facilities.
Thank you for your understanding and foresight in this regard.

How to register?

1- Fill out a form (for each participant) **HERE**
2- A confirmation email will be sent to you upon receipt of your form
3- For more information: +34 663 48 41 49 (Amapola)
+34 690 63 95 94 (Marisa)

o al email: retirodpu@zohomail.eu

Thank you for joining us in this journey of personal and planetary transformation!

The organising team :
Marisa y Amapola