



Piñuécar, Madrid (Spain).
26th to 31st August 2024

Dances of Universal Peace (DUP) are a very simple practice, suitable for all people and at the same time very special, because in the circle we relate and harmonize in intimacy: we hold hands together, we share glances, we listen to and sing the same chant, we tune together to the universal messages, we show gratitude to the source of life, we breathe and remember, discovering an understanding by experiencing and integrating the sacred phrases (mantras) at different levels of depth, opening ourselves to our emerging qualities, what we are, what is alive in us, often outside our awareness...

This 5th year's DUP camp is called "The Nectar of Devotion", an invitation to deepen our connection to the sacred through song, movement and the sense of community.

*"Lose yourself, lose yourself in its love;
when you lose yourself in this love, you will find everything."
Rumi*

Whether it is your first contact with the DUP or you already know them and are willing to deepen into them, or perhaps learn how to lead the dances, this camp is a very special opportunity for all. The program is designed for all levels. There will be laboratories for the dance leaders to benefit from the feedback of more experienced dance leaders.

At this gathering, in addition to all the people who currently guide Dances of Universal Peace circles in the Iberian Peninsula, we will have two very special teachers, both teachers and mentors with great experience in the DUP, Murshida Darvesha y Malika Elena. It is a privilege to receive them together in this 5th DUP Camp that we host in Iberia.

Guest Teachers



*Murshida Darvesha
McDonald*

Murshida Darvesha leads groups internationally in meditation, deep ecology, and the Dances of Universal Peace. She believes that if we come to know ourselves as interdependent, our caring for all beings increases; and as we come to understand contingency, we strive to create conditions which bring about peace and happiness for all life. Our practice and our life should be one.

Darvesha is the Chair of the Ruhaniat Ziraat Council and the Ruhaniat Guidance Council, and President of the Board of the Dances of Universal Peace International.

Malika is a Dances of Universal Peace (DPU) Mentor, flutist, performer and singer of sacred music of various mystical traditions. She participates as a teacher in Sufi and DUP retreats in the United States, Latin America and Europe.

She is part of the Beyond Initiative project, which takes the DUP to countries and people where it has never gone before, bringing with it a message of peace, respect and inclusion in a polarised and divided world. With this project she has reached countries such as Türkiye, Thailand and Vietnam.

She leads mantra meditation sessions and has explored through her voice and transpersonal psychology a path of healing. She has recorded several world music albums and singles.



*Malika Elena
Salazar*

DUP Camp description and location



It is a residential spiritual retreat of 5 days and 5 nights, based in ancestral traditions, we will share talks, teachings, dances and practices such as meditations, breathing techniques, heart circles, meditative walks, zikr, workshops and training labs for guiding DUP and mentoring DUP guides, different paths for working with the body in the understanding and integration of mind, body and spirit.

The DUP Camp will be hosted in **Nueva Tierra**, C/Alta, 26, 28737 Piñuécar, Madrid (Spain). Visit the website to learn more about the place: <https://www.nuevatierra.net/>

Piñuécar is a village with a special charm and with a landscape of great ecological value as it is at the entrance of Sierra del Rincón, which was declared a Biosphere Reserve. The site has an area of 10 hectares, with large meadows, ash trees, oaks and great diversity of plant and animal species. The place has a swimming pool and 7 kilometers away is Buitrago de Lozoya, a very pretty town with the Lozoya river also suitable for swimming. We recommend using Google Maps to arrive at Nueva Tierra.

If you don't have a car or you don't find other people to come by car to Piñuécar, you can also come by public transport from Madrid to Buitrago de Lozoya on bus 191. Somebody from the organization can go to pick you up from Buitrago de Lozoya if that is necessary.

Food, accomodation and donation



The cost of the gathering in full board of breakfast, lunch and dinner with ovo-lacto-vegetarian menu, from the Monday 26th dinner to the Saturday 31st lunch, with all activities and practices included and the accommodation in Nueva Tierra (sleeping in your own tent, van or caravan or in shared bungalows with beds and bunk beds with capacity for 5 to 8 people): in Nueva Tierra: space limited to 50 people, with all activities and practices included is:

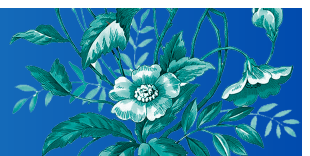
- 280€ normal price
- 320€ price with extra donation to financially support the organization.
- 240€ discounted price for vulnerable economies (if you need more discount ask us)*
- 140€ price per second family member of a generation other than the participant's (father, mother, son, daughter, grandparents, grandson, granddaughter, etc.)

*If you need a bigger discount, please contact us, as we opened a DUP Iberia Fund for scholarships to support dancers or musicians who want to attend DUP gatherings.

Payment will only be received in cash on the day you arrive at the pick-up, we do not have electronic means of payment. Thank you for your understanding and foresight.



Registration and Communication



To reserve your place in the gathering and pre-register, please click on the following link and fill in the form, one per participant or accompanying person:

<https://forms.gle/EeHHJ2nUEpgCswpW8>

If you would like more information or have any questions you can write to us at: **dancepraying@gmail.com** or you can also call us at **+34697827043 Eliana Latifa** or **+34605806529 Juan Nuraddin**.

What to bring and other information



- There will be translation of English to Spanish and Spanish to English.
- We encourage families to come with children, in this case, ask us about conditions.
- About **what to bring**:
 - We recommend that you come with your own sleeping bag or blanket (you can also rent a quilt for 3€/retreat).
 - Bring your bedding if you stay in bungalow (bottom, pillowcase and sheet 90x190).
 - Come with all your camping equipment if you stay in tent.
 - Towel, cool clothes for the day and warm clothes for the night, umbrella or raincoat, good shoes to walk around the village and surroundings, flip flops or sandals and a swimsuit as there is a swimming-pool and nearby rivers.
 - Thick socks for the room, a flashlight, thermos or bottle to refill with water, objects for the altar, music instruments, a notebook and pen.
- There will be a bazaar during the week in which you can bring your crafts, products or creations and sell them in a self-managed way.

Thank you for joining this gift of living and experiencing together.



*Lose yourself,
Lose yourself in this love.
When you lose yourself in this love,
you will find everything.*

*Lose yourself,
Lose yourself.
Do not fear this loss,
For you will rise from the earth
and embrace the endless heavens.*

*Lose yourself,
Lose yourself.
Escape from this earthly form,
For this body is a chain
and you are its prisoner.
Smash through the prison wall
and walk outside with the kings and princes.*

*Lose yourself,
Lose yourself at the foot of the glorious King. When you lose yourself
before the King
you will become the King.*

*Lose yourself,
Lose yourself.
Escape from the black cloud
that surrounds you.
Then you will see your own light
as radiant as the full moon.*

*Now enter that silence.
This is the surest way
to lose yourself. . . .*

*What is your life about, anyway?—
Nothing but a struggle to be someone,
Nothing but a running from your own silence.*

Rumi.

