

Loving the Beloved

Dances of Universal Peace Camp

Dances * Breath and Meditation practice *
Walking practices

26-28th / april / 2024

Albergue Argentina Benicàssim (Castellón)



Muiz Brinkerhoff



Jilani Cordelia

"You have to keep breaking your heart until it opens"
(Rumi)

"Has de seguir rompiendo tu corazón hasta que se abra"

What will we share?

Dances of Universal Peace * Meditative walks *
singing * Mysticism of the breathing * Meditation * Zikr *
Experiencing leading in Lab of DUP * Training Presence and Magnetism

The DANCES OF UNIVERSAL PEACE (DUP) are meditative dances in a circle, spread all over the world, and inspired and offered as a practice for inner peace and as a contribution to the peace in the earth. They are an active form of meditation and a way of opening the Heart, reminding and manifesting the Unity we all belong to, no matter our differences.

Singing mantras and sacred phrases of the different Spiritual Traditions, and through simple and universal movements, we remember and we resonate with values and qualities that bring us back to the harmonie, Peace and Unity, that lie deep inside as the essence of what we really are.

Experience in dance or music not requiered. You are all welcome!

More information about DUP [here](#).



Who will lead this camp?

Muiz Brinkerhoff

Muiz Brinkerhoff, from northern California, USA, has been leading the Dances of Universal Peace and Sufi Sound & Breath practices since 1979, at retreats and camps around the USA mainland, in Hawai'i (1981-88), in the UK (mostly annually from 2003-2017), Netherlands (2007), Morocco (2015-17), France (2017), and South Africa (2020). Like Jilani, his deep love for other cultures and the welcoming hearts of the people he meets on his journeys continue to draw him back.

Muiz' 49-year Sufi practice is deepened and broadened by a wide variety of life experiences and interests, and leavened with a large dose of common sense and a keen sense of humor. This combination helps him avoid getting stuck in some major pitfalls on the Spiritual Path — ungrounded ecstasy, joyless sobriety, and taking his limited ego too seriously.

He also works individually with his own formal Sufi students; mentors emerging Dance Leaders; and offers informal guidance and mentoring to those who resonate with his particular approach to Waking Up: using a variety of embodied spiritual practices; cultivating a radiant attitude & an inclusive Heart; increasing magnetism, spiritual attunement, empathy, kindness, & gratitude; and practicing Presence in daily activities.

muiz.brinkerhoff@gmail.com



Muiz and Jilani love to work together and they have been collaborating for many years!



Jilani Cordelia Prescott

Jilani Cordelia Prescott: A musician by training with 30 years of experience in teaching, she has been leading the Dances of Universal Peace for around 20 years. She has served on the Guidance Panel for DUPUK, and as the spiritual advisor for Sacred Arts Camp. She is a Dance Mentor, with mentees from many countries. She acts as the Facilitator on the Board of Trustees of the Sufi Ruhaniat International, and is also a Sufi guide. She is currently guiding a prayer wheel for the God is Breath training programme, and led dances, training retreats, camps and Sufi retreats in Morocco, France, Germany and Turkey as well as the UK during 2023. See her website for more information:

See her website for more information: **[Jilani Cordelia Prescott](#)**

Where?

In the Albergue Argentina (Benicàssim, Castellón). By the sea side, in Benicassim, well connected by public transports and highway. (In the form you can find out how to get there).

This albergue is a historic building recently refurbish. 2, 4, 5 or 7 beds rooms with private bathroom.

More info about the Albergue:

<https://reaj.com/albergues/juvenil-argentina/>



when?

Arrival: friday april the 26th from 17:30.

Departure: sunday april the 28th after lunch.

How much?

All Prices include full board accommodation and all the activities and workshops.

- **115€:** Normal price
- **90€:** Price with a discount for economies who need it (if you need a higher discount please ask us)
- **140€:** Price with extra donation to support the organization and the teachers
- **55€:** for children

Limited availability.

How to register?

1) Fill in the form: <https://forms.gle/G1ovm6yCtbfHvLHcA>

2) You will receive a confirmation of your registration

Contact with the organización through **Adriana Fatima:**

- telephone/WhatsApp/Telegram to **+34 663 10 12 72**

- or e-mail to **adrianachi522@gmail.com**

Or through **Jorge Delfín:**

- WhatsApp/Telegram to **+34 654 14 34 90**

- or e-mail to **jorgedelfin@hotmail.es**

There is no pre-payment.

We trust in the commitment of the people who register
and in the commitment that we all put in.



This Camp is supported by DPU International

Thank you for joining to this sharing, loving, hugging, dancing and singing all together!

I searched, but I could not find Thee;
I called Thee aloud, standing on the minaret;
I rang the temple bell with the rising and setting of the sun;
I bathed in the Ganges in vain;
I came back from Ka'ba disappointed;
I looked for Thee on earth;
I searched for Thee in the heaven, my Beloved,
but at last I have found Thee
hidden as a pearl in the shell of my heart.

Hazrat Inayat Khan

Busqué, pero no pude encontrarte;
Te llamé en voz alta, encaramado al minarete;
hice sonar la campana del templo con la salida y puesta del sol;
me bañé en vano en el Ganges;
regresé desilusionado de la Kaaba;
Te busqué sobre la tierra;
Te busqué en el cielo, mi Bienamado,
y al fin Te encontré escondido
como una Perla en la Concha de mi Corazón.

Hazrat Inayat Khan